



FICHA TÉCNICA

PRODUCTO: Essential oil of lavendar

REF:13IB24LA

FORMATOS: Vial 10 ml

AROMATHERAPHY

DESCRIPCIÓN

Muscular relaxation and aromatizing.

PRINCIPIOS ACTIVOS DESTACADOS

It is of all the Essential Oils, the one of more wide spectrum and the most used given its enormous versatility. Properties of Lavender Essential Oil

Nervous System: by its relaxing smell, it makes an excellent tonic for the nerves. Therefore, it helps in the treatment of migraines, headaches, anxiety, depression, nervous tension and emotional stress.

Sleep: helps to fall asleep. It is a remedy that is often recommended for insomnia.

Pain relief: helps relieve muscle aches, rheumatism, sprains, back pain and low back pain. Massage with lavender oil provides relief from joint pain.

Respiratory disorders: infections of throat, flu, cough, cold, asthma, nasal congestion and bronchitis. Oil Is used as a vapor or applied to the skin of the neck, chest and back.

Skin Care: possesses antiseptic properties. It is used to treat various disorders, such as acne and wrinkles

RESULTADOS

Relaxing muscle and flavoring.

MODO DE EMPLEO

Essential oils may be used in massage, diluted in creams, lotions or gels and in their pure form through inhalation. Depending on the type of oil, its use can cause different physical, mental and emotional effects. Aromatherapy should be employed with precaution and, preferably, guided by a qualified professional, who can test for side effects, dosage and ensure the best ways of using it.

TIPO DE PIEL

FRECUENCIA DE USO

Daily use

COMPOSICIÓN

LAVANDULA HYBRIDA OIL, D-LIMONENE, COUMARIN, GERANIOL, LINALOOL.

01/01/2015 Rev:00