



PARAÍSO
COSMETICS

FICHA TÉCNICA

PRODUCTO: Essential oil of Bergamot

REF:13IB24

FORMATOS: Jar 10 ml

AROMATHERAPY

DESCRIPCIÓN

Stimulant and antiseptic

PRINCIPIOS ACTIVOS DESTACADOS

Bergamot (Citrus bergamia) is a citrus fruit that is cultivated mainly for its essential oil, which is obtained by cold expression of the fruit peel. It is very effective against depression, anxiety, respiratory tract infections and nervous indigestion. The oil has a balancing and toning effect on the nervous system which makes it very effective against painful spasms. It is also used as a cicatrizant.

RESULTADOS

Stimulant and antiseptic.

MODO DE EMPLEO

Essential oils may be used in massage, diluted in creams, lotions or gels and in their pure form through inhalation. Depending on the type of oil, its use can cause different physical, mental and emotional effects. Aromatherapy should be employed with precaution and, preferably, guided by a qualified professional, who can test for side effects, dosage and ensure the best ways of using it.

TIPO DE PIEL

All skin types

FRECUENCIA DE USO

Daily use

COMPOSICIÓN

Citrus Bergamia, (Bergamot) Oil

01/01/2015 Rev:00